



# PARTNERSHIP, PROGRESS AND A PATHWAY TO PURPOSE

PENNSYLVANIA ACADEMY OF NUTRITION & DIETETICS  
2024 ANNUAL MEETING AND EXPO  
APRIL 14-16, 2024 | THE LANCASTER MARRIOTT AT PENN SQUARE

## PAND 2024 AME AGENDA

### SUNDAY, APRIL 14, 2024

8:00 AM	Attendee Registration	
9:45 AM	President's Welcome – Erin Pover, MS, RN, CSOWM, CHWC, LDN	
10:00 AM	Mind-Body Medicine Modalities for Improved Outcomes Professionally and Personally Becky Wojcik, MA, RDN, LDN, RYT Theresa Stahl, RDN, LDN, FAND	 
11:00 AM	Break/Raffle Sales	
11:15 AM	Awards Brunch	
12:45 PM	Why (Not) Weight? Colleen Tewksbury, PhD, MPH, RD, CSOWM, LDN	
1:45 PM	Break/Raffle Sales	
2:00 PM	Concurrent Session: The Growth and Development of Human Milk Pasteurization Veronica Campbell, RDN, LDN, CBS	
2:00 PM		



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	<b>Concurrent Session:</b> <b>Elevating Dietetic Practice: Integrating Holistic Nutrition for Enhanced Care</b> <b>Abrar Al-Shaer, PhD, RD, LDN</b>	
3:00 PM	<b>Break/Raffle Sales</b>	
3:15 PM	<b>Concurrent Session:</b> <b>Spoons and Forks – Understanding the Impact of Chronic Illness on Daily Life</b> <b>Susan E. Adams, MS, RD, LDN, FAND</b>	
	<b>Concurrent Session:</b> <b>Systematic Review of Content Validity of the Academy – ASPEN Indicators of Malnutrition and Meta-Analysis of Associated Clinical Outcomes</b> <b>Charlene Compher, PhD, RD, LDN</b>	
4:15 PM	<b>Break/Raffle Sales</b>	
4:30 PM	<b>When Should Nutrition Stop? The Role of the Dietitian at the End of Life</b> <b>Kara Stromberg, MS, RD, CDE, LDN</b> <b>Dylan Sherry, MD</b> <b>Jaylin Kellogg, MS, RD, CNSC, LDN</b>	  
		
	<b>Break/Raffle Sales</b>	
6:00 PM – 9:00 PM	<b>Board Meeting/Dinner</b> <b>EXPLORE LANCASTER!</b>	

## MONDAY, APRIL 15, 2024,

7:00 AM	<b>Vendor Registration – Poster Registration</b>
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7:30 AM	Breakfast/Raffle Sales/Vendor Visits	
8:00 AM		<b>Activity – Farm Tour</b>   Minimum of 15 people Meet in the Hotel and bus to the farm.
8:45 AM	<b>AME Co-Chairs Welcome:</b> Andrea M. Barnes, MSCN, RD, LDN, FAND, ACRPM Janel Zeigler, MS, RD, LDN	 
9:00 AM	<b>Artificial Intelligence in Dietetics: Augmenting Our Future</b> Michele D. Rager, MS, RDN-AP, LDN, FAND	
10:00 AM	Breaks/Vendors/Baskets/Wine Pull/ Vendor Visits	
10:15 AM	<b>Cancer and the Microbiome: How to Rethink Nutrition for Prevention and Treatment</b> Emily E. Biever, MS, RD, LDN, CPT	
11: 15 AM	Break/Raffle Sales/ Vendor Visits	Bus to back to the Hotel (tour wraps at 11:30)
12:00 PM	Lunch/State of PAND meeting	
1:15 PM	Break/Raffle Sales	
1:45 PM	<b>Applying Nutritional Anthropology and Therapeutic Content to Improve Patient Outcomes</b> Sasha M. Aparicio, B.A., M.S.	
2:45 PM	Break/Raffle Sales	
3:30 PM	<b>Feeding the Mind and Body: Optimizing Nutrition and Food Education in the First Five Years of Life</b> Jill Castle, MS, RDN	






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4:30 PM	Break/Raffle Sales/Vendor Visits
4:45 PM	<b>Partnering with the Public: A Unique Way to Interact with Food Labels</b> Dara Dirhan, EdD, MPH, RDN, LDN Sandra Walz, PhD, RDN <div style="float: right; text-align: center;">   </div>
5:45 PM	Break/Raffle Sales/Vendor Visits
6:30 PM – 9:00 PM	Member Reception – Our Town Brewery



## TUESDAY, APRIL 16, 2024

7:30 AM	Breakfast
8:00 AM	<b>President-Elect Welcome – Kaitlin Gill, MS, RDN, LDN, CDCES</b> <div style="float: right; text-align: center;">  </div>
8:15 AM	<b>Snooze-Fest vs Going Viral: The Art of Crafting Effective, Research-Based Content for Any Platform</b> Carolyn Williams, PhD, RD <div style="float: right; text-align: center;">  </div> <div style="clear: both; margin-top: 10px;">  </div>
9:15 AM	Break/Raffle Sales
9:30 AM	<b>Advocacy Feud: Survey Says It's Time for Critical Causes –</b> Lisa Jones Jessica Rae <div style="float: right; text-align: center;">   </div>
10:00 AM	Break/Raffle Sales



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<b>10:15 AM</b>	<b>Pairing Cooking with Nutrition Science: Partnerships for Improved Health and Wellness</b> Lori Klein, EdD, MPH, NDTR	
<b>11:15 AM</b>	<b>Break/Raffle Sales</b>	
<b>11:30 AM</b>	<b>Self-Care in Practice!</b> Tracy L. Leet, LCSW	
<b>12:30 PM</b>	<b>President Wrap-Up - Announcements - Raffle Winners</b>	