

Pennsylvania Academy of Nutrition and Dietetics (PAND) Student Volunteer Interest Form

Thank you for your interest in volunteering with PAND! Please complete the form below to help us match you with a committee that aligns with your skills and interests.

Personal Information

Full Name: _____

Email: _____

Phone Number: _____

University/College: _____

Academic Program: _____

Expected Graduation Date: _____

Are you a current member of PAND? Yes No

Volunteer Preferences

1. **Why are you interested in volunteering with PAND?**

2. **Which areas of committee work interest you the most?** (Check all that apply)

Event planning and coordination

Social media and communications

Research and data collection

Policy and advocacy

Membership engagement

Administrative tasks

Other (please specify): _____

3. **Do you have any specific skills or experience that would benefit a committee?**

4. **Are there any time constraints or availability restrictions we should be aware of?**

Flexible schedule

Limited availability (please specify): _____

5. **Preferred method of communication:**

Email

Phone

Text

Other (please specify): _____

Commitment & Agreement

- I understand that I must commit to a minimum of **10 volunteer hours per semester**.

- I agree to maintain professionalism and communicate regularly with my assigned committee.
- I understand that this is an unpaid volunteer opportunity.

I agree to the terms and expectations of the PAND Student Volunteer Program.

Signature: _____ **Date:** _____

Please submit your completed form to:

Carla Escribano, Student Volunteer Coordinator
cfescribano@gmail.com

We appreciate your interest and will be in touch soon!